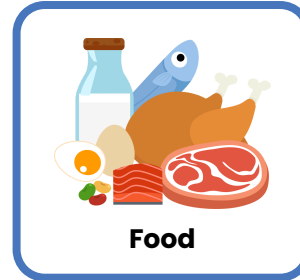


EATING FOOD



Eating & Mealtime

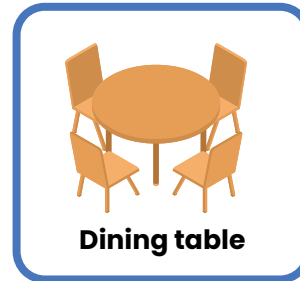
This adapted book helps the student understand how to eat food properly. It explains what to do before, during, and after eating any meal.



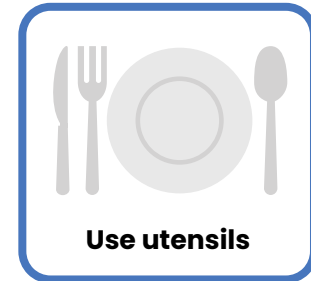
Food



Wash hands



Dining table



Use utensils



Eat food



Drink



Wash dishes



Wipe table

HOW TO USE THIS ADAPTED BOOK

What is an Adapted Book?

This adapted book is a hands-on learning tool designed for children with special needs.

It uses simple pictures, labels, and short sentences to support understanding, communication, and independence.

Adapted books help students:

- Build functional vocabulary
- Improve comprehension
- Practice making choices
- Increase attention and engagement
- Follow routines and expectations

How this book supports the student:

- Each page presents one clear idea only
- Pictures support understanding of the text
- The student interacts by choosing and placing pictures
- Repetition helps with learning and routine building

Differentiation Note:

This adapted book may not fully align with your student's routine or current learning goals. Please feel free to edit this resource according to his or her learning needs.

HOW TO PREPARE THE BOOK

PRINT

- Print pages 3 to 9 using A4 paper
- You may print it on regular bond paper or cardboard.

CUT AND LAMINATE

- Cut each page neatly
- Cut out all mini pictures
- Laminate all pages and mini pictures

BINDING OPTIONS

OPTION 1: Wire Binding (Recommended)

- Use a wire or coil binding machine
- Bind the pages on the left side

OPTION 2: Ring Binding

- Punch one hole on the upper left corner of each page
- Use a loose ring or ring binder

VELCRO SETUP

- Add soft Velcro to the back of each mini picture
- Add rough Velcro to the designated answer spaces

BASE PAGE (LAST PAGE)

- This page holds all Velcro-backed mini pictures
- Remember to replace the word "student" with the student's name to add personalization.



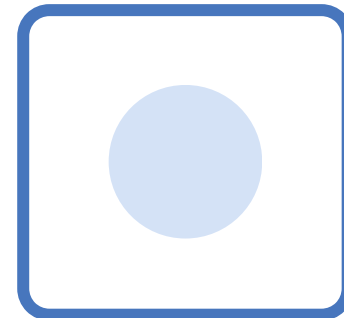
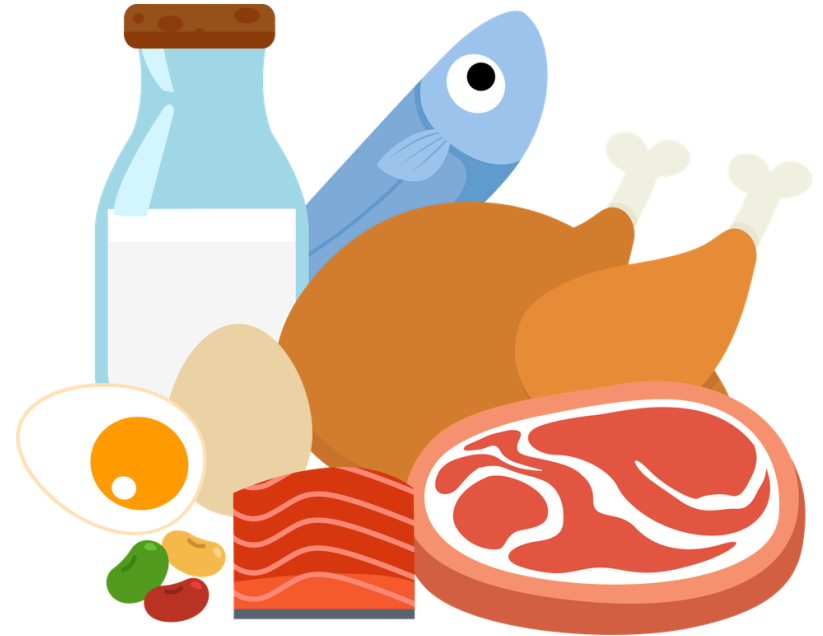
EATING FOOD



Eating & Mealtime

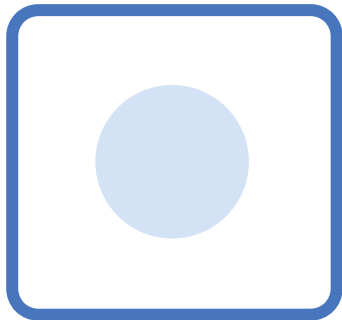
This adapted book helps the student understand how to eat food properly. It explains what to do before, during, and after eating any meal.

Food gives my body energy.

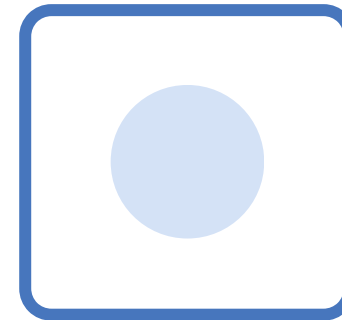




I wash my hands before eating food.

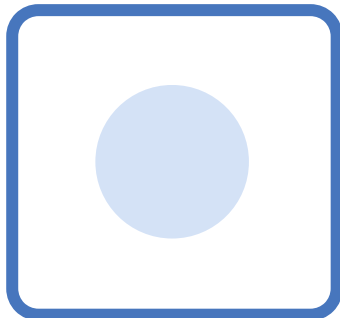
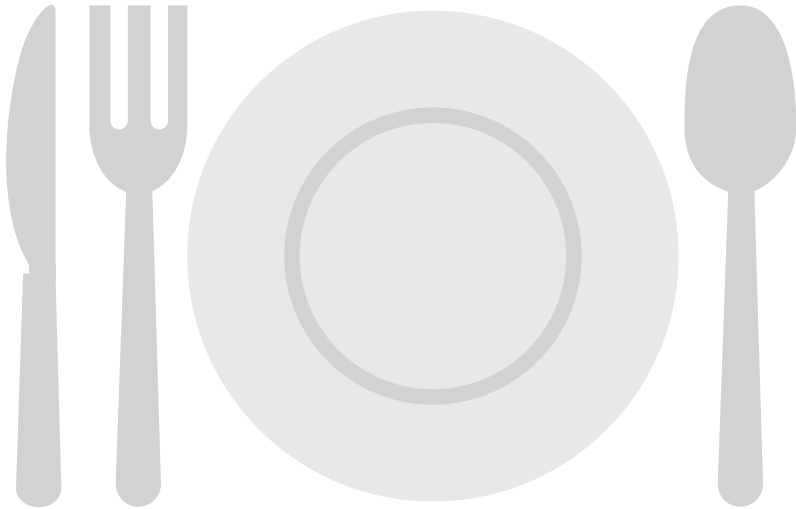


I sit at the dining table to eat my food.

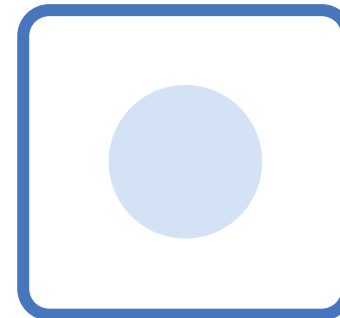




I use utensils to eat
my food.

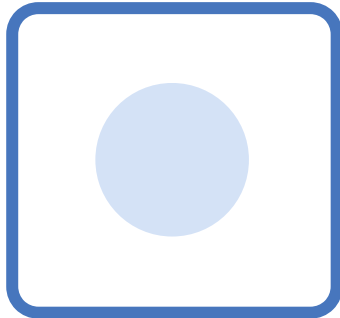


I eat my food slowly
and safely.

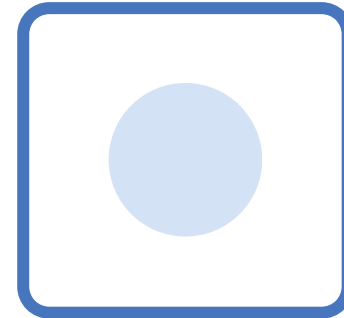




I drink water or milk
with my food.

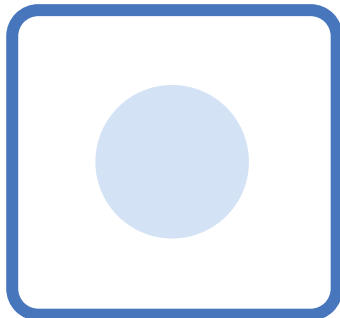


I wash the dishes after
eating food.





I wipe the table to keep it clean.

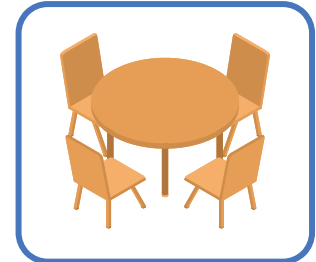


? Comprehension Questions:

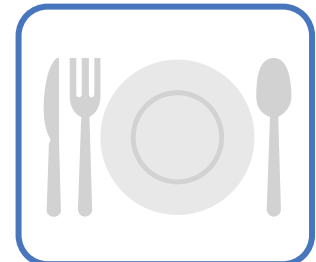
1. What do I do before eating food?



2. Where do I sit to eat my food?



3. What do I use to eat my food?





? Comprehension Questions:

4. What do I do with my food?



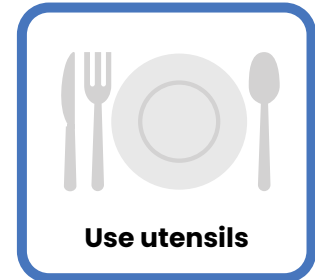
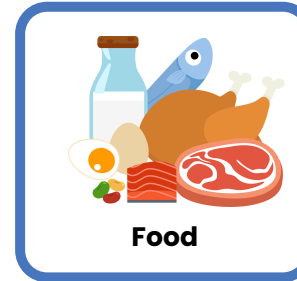
5. What do I drink with my food?



6. What do I do after washing the dishes?



Mini picture choices :



**GOOD JOB,
STUDENT!**



I know how to eat
food!

