

# GETTING DRESSED



## Self-Care & Hygiene

This adapted book helps the student understand how to get dressed step by step. It explains how to choose clothes, put them on, and check how they look and feel.



Clothes



Weather clothes



Underwear



Shirt



Pants



Socks



Shoes



Mirror

## HOW TO USE THIS ADAPTED BOOK

What is an Adapted Book?

This adapted book is a hands-on learning tool designed for children with special needs.

It uses simple pictures, labels, and short sentences to support understanding, communication, and independence.

Adapted books help students:

- Build functional vocabulary
- Improve comprehension
- Practice making choices
- Increase attention and engagement
- Follow routines and expectations

How this book supports the student:

- Each page presents one clear idea only
- Pictures support understanding of the text
- The student interacts by choosing and placing pictures
- Repetition helps with learning and routine building

Differentiation Note:

This adapted book may not fully align with your student's routine or current learning goals. Please feel free to edit this resource according to his or her learning needs.

## HOW TO PREPARE THE BOOK

PRINT

- Print pages 3 to 9 using A4 paper
- You may print it on regular bond paper or cardboard.

CUT AND LAMINATE

- Cut each page neatly
- Cut out all mini pictures
- Laminate all pages and mini pictures

BINDING OPTIONS

OPTION 1: Wire Binding (Recommended)

- Use a wire or coil binding machine
- Bind the pages on the left side

OPTION 2: Ring Binding

- Punch one hole on the upper left corner of each page
- Use a loose ring or ring binder

VELCRO SETUP

- Add soft Velcro to the back of each mini picture
- Add rough Velcro to the designated answer spaces

BASE PAGE (LAST PAGE)

- This page holds all Velcro-backed mini pictures
- Remember to replace the word "student" with the student's name to add personalization.



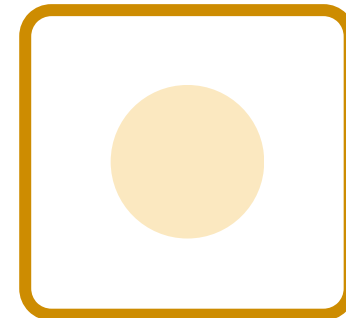
# GETTING DRESSED



## Self-Care & Hygiene

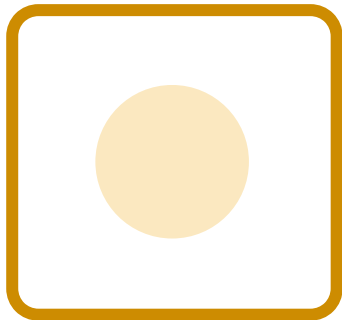
This adapted book helps the student understand how to get dressed step by step. It explains how to choose clothes, put them on, and check how they look and feel.

Clothes are what I wear on my body.

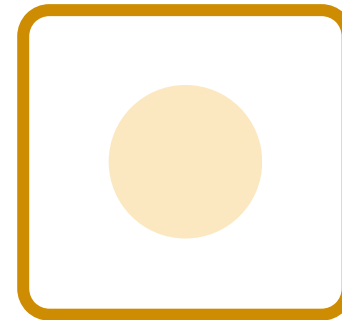




I choose clothes based on the weather.

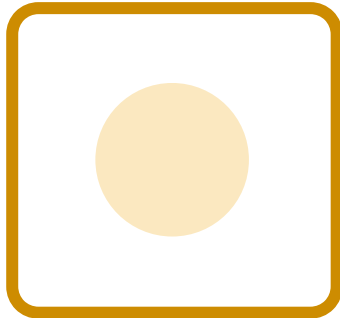


I put on my underwear first.

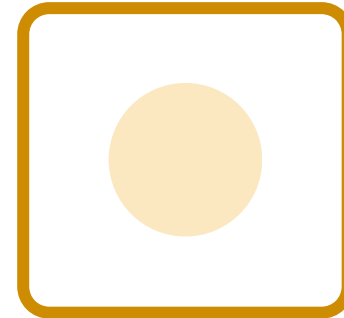




I put my shirt on my body.

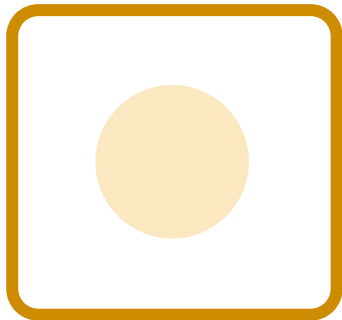
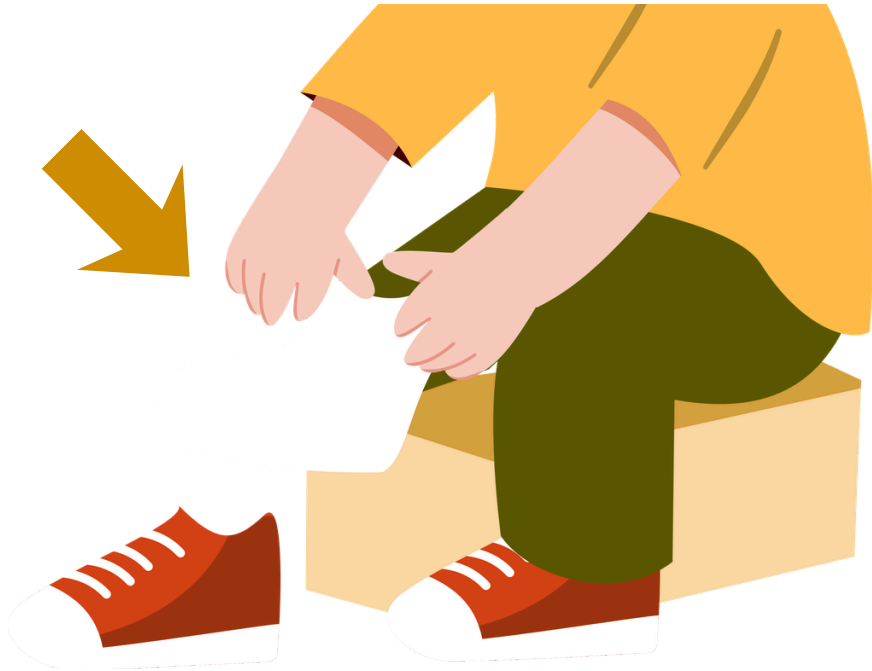


I put my pants on my legs.

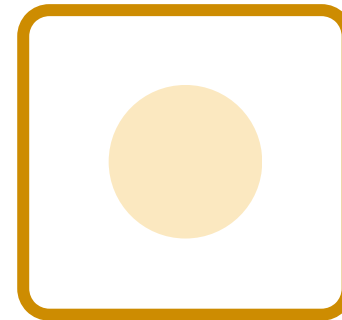




I put my socks on my feet.

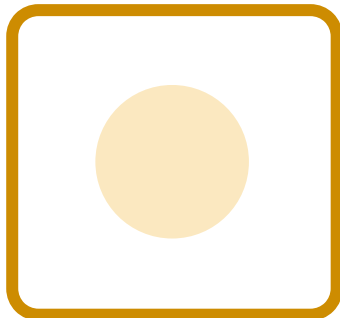


Then, I put my shoes on.





I look in the mirror to check  
my clothes.



## ? Comprehension Questions:

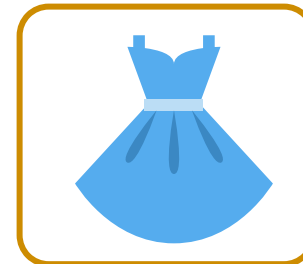
1. What do I put on first?



2. What do I put on my body?



3. What do I put on my legs?



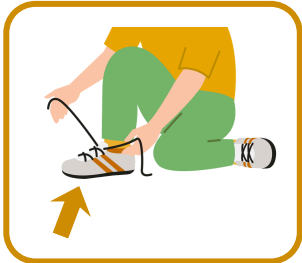


## ? Comprehension Questions:

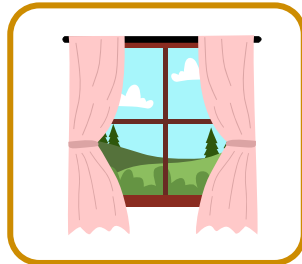
4 . What do I put on my feet before shoes?



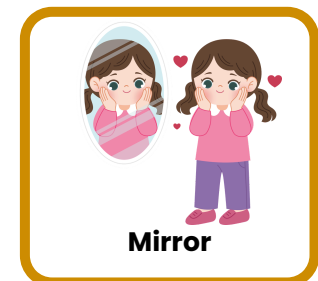
5 . What do I put on my feet last?



6 . Where do I look to check myself?



## Mini picture choices :



**GOOD JOB,  
STUDENT!**



I know how to get  
dressed!

