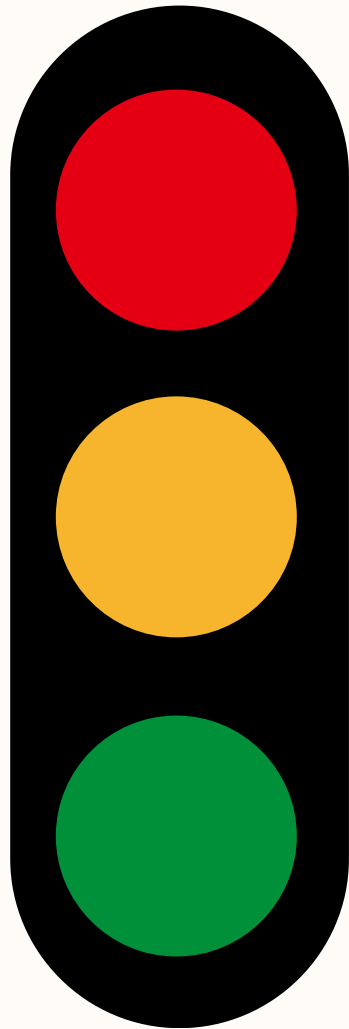


Traffic Light Goals

Think about your personal or academic goals. In each traffic light section, write something you want to start, keep, and stop doing to help you grow and succeed this year.



Stop Doing: A habit or mindset that holds you back

Keep Doing: Something that's already working

Start Doing: A new habit or effort to begin