

WASHING MY HANDS



Self-Care & Hygiene

This adapted book helps the student understand how to wash hands properly. It explains what to do to keep hands clean and free from germs.



Sink



Turn on water



Wet hands



Use soap



Rub hands



Rinse hands



Turn off water



Towel

HOW TO USE THIS ADAPTED BOOK

What is an Adapted Book?

This adapted book is a hands-on learning tool designed for children with special needs.

It uses simple pictures, labels, and short sentences to support understanding, communication, and independence.

Adapted books help students:

- Build functional vocabulary
- Improve comprehension
- Practice making choices
- Increase attention and engagement
- Follow routines and expectations

How this book supports the student:

- Each page presents one clear idea only
- Pictures support understanding of the text
- The student interacts by choosing and placing pictures
- Repetition helps with learning and routine building

Differentiation Note:

This adapted book may not fully align with your student's routine or current learning goals. Please feel free to edit this resource according to his or her learning needs.

HOW TO PREPARE THE BOOK

PRINT

- Print pages 3 to 9 using A4 paper
- You may print it on regular bond paper or cardboard.

CUT AND LAMINATE

- Cut each page neatly
- Cut out all mini pictures
- Laminate all pages and mini pictures

BINDING OPTIONS

OPTION 1: Wire Binding (Recommended)

- Use a wire or coil binding machine
- Bind the pages on the left side

OPTION 2: Ring Binding

- Punch one hole on the upper left corner of each page
- Use a loose ring or ring binder

VELCRO SETUP

- Add soft Velcro to the back of each mini picture
- Add rough Velcro to the designated answer spaces

BASE PAGE (LAST PAGE)

- This page holds all Velcro-backed mini pictures
- Remember to replace the word "student" with the student's name to add personalization.



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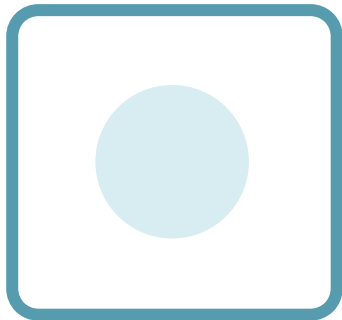
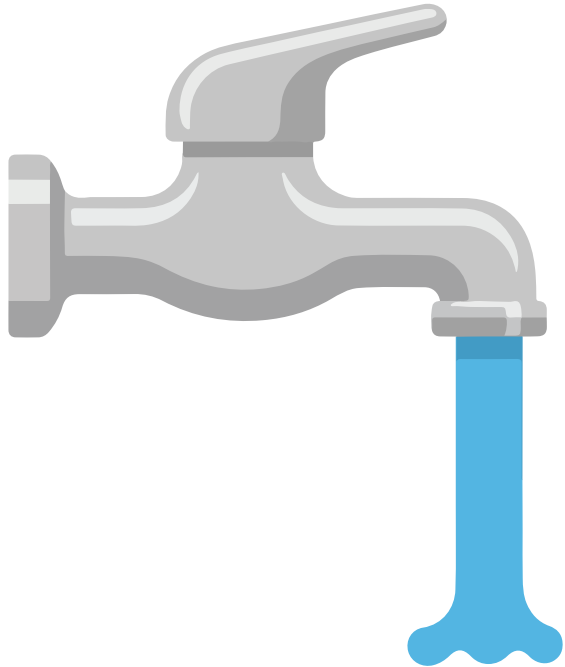
This adapted book helps the student understand how to wash hands properly. It explains what to do to keep hands clean and free from germs.

I wash my hands at the sink.

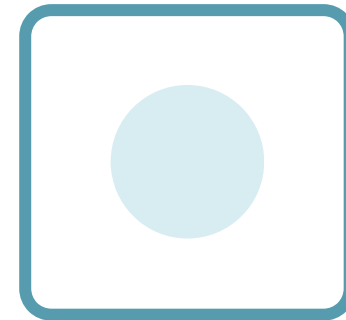




I turn on the water to start washing my hands.

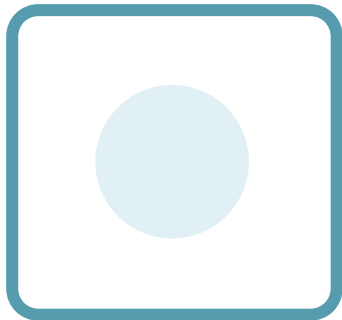


I wet my hands with water.

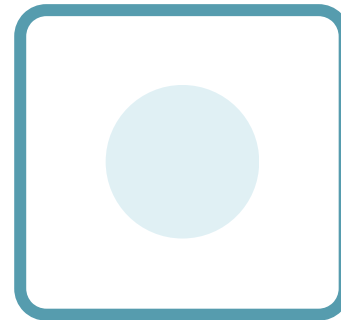




I use soap to help clean my hands.

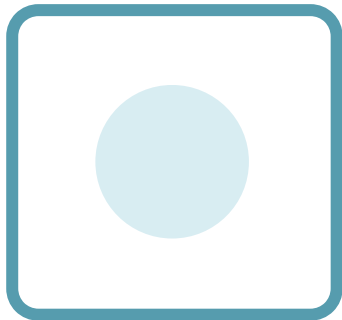


I rub my hands together to remove germs.

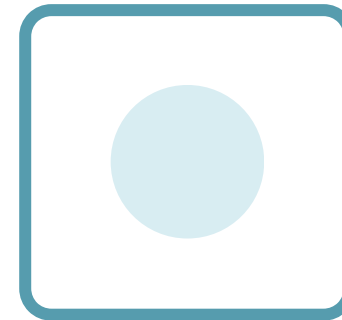
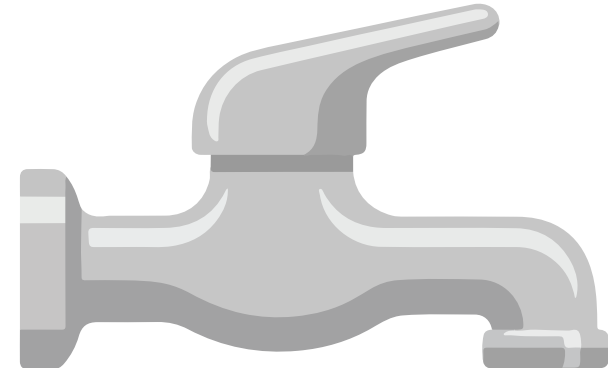




I rinse my hands to wash the soap away.

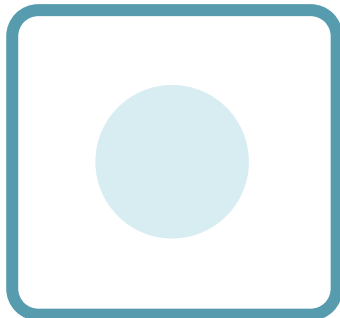


I turn off the water when I am done washing my hands.





I use a towel to dry my hands.

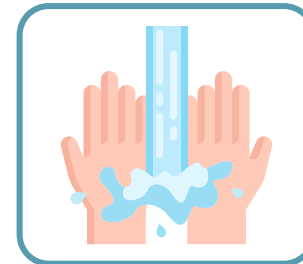


? Comprehension Questions:

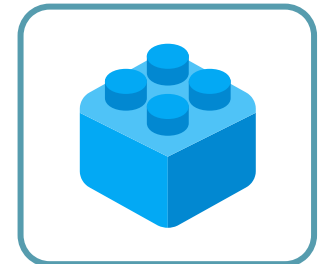
1. Where do I wash my hands?



2. What do I do before using soap?



3. What helps clean my hands?





? Comprehension Questions:

4 . What do I do after rubbing my hands?



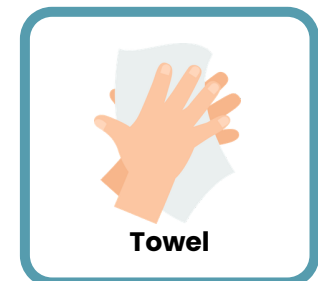
5 . What do I do when I finish washing my hands?



6 . What do I use to dry my hands?



Mini picture choices :



**GOOD JOB,
STUDENT!**



I know how to wash
my hands!

